

Achievements this week ...

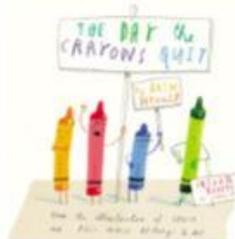
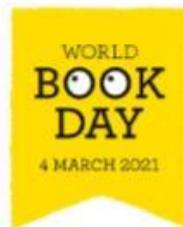
Neriah	Listening to the physio’s instructions and copying exactly what she was asked to do when doing a new transfer with a slideboard, with a smile on her face
Royem	Working so hard during her physio sessions
Nana	Clearly using her voice to ask someone 'How are you?' and saying their names
Ben	Initiating outside play for the first time at school using his walker
Aisha	Independently bench sitting for good morning and turning herself sideways with very little support
Solana	Initiating a frog game with two of her peers
Abdulrahaman	Settling back into school and participating in more class activities
Abdullahi	Reading all of his friends’ names and imitating dance moves in the hello song
Grace	Fantastic writing of instructions on how to brush your teeth
Gaspard	Being super clever this week; using his Pixon board to make three part sentences
Eliza	Brilliant engagement during sensory story, especially the light up star galaxy on the ceiling that got big smiles and giggles

Shoutout to Jackie, Jennie, Supema and Nadiya for supporting Denise in Jupiter class; thank you and well done to Denise for leading the team and class

Shoutout to Toni from Mercury team to say how wonderful it was to have you helping in class this week

Shoutout to Helen, our semi-formal saviour

World Book Day 4th March



World book day is next week! Please send your child in their class colour for our theme “The day the crayons quit”! Or, if you have another book based costume you'd like them to wear we'd love to

see this too!

Mercury-Blue	Neptune- Red	Pluto- Purple
Jupiter-Orange	Europa-Yellow	Mars-Pink
	Venus- Green	



Covid vaccinations for parents as carers

Thank you to a parent who has shared a link for parents who are carers for children with additional needs to book a Covid vaccination

<https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/>

A Chance to Talk

Wandsworth Libraries has launched its new scheme **A Chance To Talk** with the support of The Reading Agency. The programme has been designed to combat the growing national crisis around loneliness and social isolation, with the Campaign To End Loneliness saying that there are nine million people “in the UK who lack the friendship and support we all need”.

They have assembled the A-team of loneliness-tackling-librarians who will be giving two hours a week from their working days to the programme. Each call will be twenty minutes and it could be a lifeline for someone who is feeling stranded and alone.

If you know of anybody who might enjoy a weekly twenty minute phone chat please refer them Patrick on the email below. You can speak to the person first or you can send Patrick their details and he will reach out to them.

Patrick.malone@gll.org



Southfields Foodbank at St. Paul's Pantry

St. Paul's Pantry on Augustus Road is still up and running and they have extended their services. It is currently open on the first and third Thursday of the month. This means they will be open again on 18th February, 4th March, 18th March, 1st April and 15th April from **6.30pm – 8.00pm**.

If you are unable to collect the bags, they can deliver to local families too.

The pantry is a small scale foodbank offering free groceries to anyone who needs them. No referrals are necessary.

To find out more please phone **0208 788 2024** or email pantry@stpaulsparkside.org.uk



Our teacher Hannah is continuing to 'Moveabout' to raise money for the wonderful Soundabout. She was aiming to move 600kms between January and February but has already met this target and is now aiming to move 1000kms by the end of march! Follow how she is doing on her page and perhaps sponsor her! Well done Hannah !

<https://soundabout.enthuse.com/pf/hannah-owen>



Support for families living in Richmond



March Membership Events

Throughout March we will be holding a series of events for new and existing Richmond PCF Members. All parents who care for a child or young person aged 0-25 years with a Special Educational Need or Disability (SEND) can become members.

Register here to start accessing your exclusive Richmond PCF Member benefits:

<https://www.richmondpcf.org.uk/membership>

Membership is FREE - if you register before March 31st 2021 you will be sent a participation pack to enjoy at one of our Member Events – choose from a **luxury treat hamper** to enjoy at our virtual Meet and Eat quiz event or a **yoga and wellbeing kit** to use at one of our online yoga sessions! Places are limited so please don't wait to register.

If you would like to know more about Richmond Parent Carer Forum please visit us at <https://www.richmondpcf.org.uk> If you have problems registering or any other query please email us at information@richmondpcf.org.uk You can also follow us on Facebook <https://www.facebook.com/richmondpcf> or Twitter <https://twitter.com/RichmondPCF>

Meet & Eat

Thursday 18th March 1.00 - 2.30pm or Friday 26th March 8.00 - 10.00pm

Tuck into your treat hamper and join us via Zoom for an informal catch up with new and existing PCF members. We'll be hosting an on-line quiz and attendees will be entered in our free prize draw!

Training in SEND Law

Tuesday 16th March 9.30am – 3.00pm

A rare opportunity to access IPSEA training in SEND law, the programme is specifically tailored to help parents understand and navigate the SEND legal framework.

Yoga and Relaxation

**15th March 1.00pm – 2.00pm, 23rd March 1.00pm – 2.00pm,
17th March 8.00pm – 9.00pm or 22nd March 8.00pm – 9.00pm**

With a choice of morning and evening sessions and led by a qualified instructor, our yoga classes are a gentle way to get moving and de-stress. Suitable for absolute beginners and experienced yogis.